Great Doxology: Liturgy Book p. 1

Antiphons:
First: Liturgy Book p. 11
Second: Liturgy Book p. 11
Beatitudes: Liturgy Book p. 14

Entrance Hymn: Liturgy Book p. 1

Apolytikia:
Resurrection (Tone 8) Liturgy Book p. 19
St. John Climacus Lenten Supplement p. 4
Saint Joseph the Betrothed Liturgy Book p. 20

Kondakion: Annunciation Lenten Supplement p. 6

Trisagion: Holy God...

Prokomion: Psalm 28:11,1 (Tone 7)

The Lord will give strength to his people. Stichon: Bring to the Lord honor and glory.

Epistle: Hebrews 6:13-20

Brethren, since we have a great high priest who has passed into the heavens, let us hold fast our profession of faith. For we have not a high priest unable to pity our weaknesses, but one tried as we are in all things, save sin. Let us then approach the throne of grace with confidence, so that we may obtain mercy and find grace to help in time of need. For every high priest taken from among men is appointed for men in matters pertaining to God, so that he may offer gifts and sacrifices for sins. He is able to have compassion on the ignorant and erring, because he himself also is beset with weakness, and therefore must make offerings for sin in his own behalf as in behalf of the people. And no one invests himself with this honor: only one who is called by God takes it, as Aaron was. So also, Christ did not glorify himself with the high priesthood, but glorified the One who had spoken to him, "You are my son, I this day have begotten you." As he says also in another place, "You are a priest forever, according to the order of Melchisedek."

Alleluia: Psalm 91: 1. 2 (Tone 7)

It is good to give thanks to the Lord.

Gospel: St. Mark 8:34-9:1

At that time one of the crowd came to Jesus and bowed to him saying: "Master, I have brought to you my son, who has a dumb spirit; and whenever it seizes him it throws him down, and he foams and grinds his teeth; and he is wasting away. And I told your disciples to cast it out, but they could not." And he, answering him, said, "O unbelieving generation, how long shall I be with you? How long shall I put up with you? Bring him to me." And they brought him to him; and the spirit, when it saw Jesus, immediately threw the boy in convulsions, and he fell down on the ground and rolled about foaming at the mouth. So he asked his father, "How long is it since this has come upon him?" And he said, "From his infancy. Oftentimes, it has thrown him into the fire and into the waters to destroy him. But if you can do anything have compassion on us and help us." But Jesus said to him, "If you can believe, all things are possible to the man of faith." At once the father of the boy cried out and said with tears, "I do believe; help my unbelief." Now when Jesus saw that a crowd was rapidly gathering, he rebuked the unclean spirit, saying to it, "You deaf and dumb spirit, I command you, go out of him and enter him no more." And crying out and violently convulsing him, it went out of him, and he became like one dead, so that many said, "He is dead." But Jesus took him by the hand, and raised him and he stood up. And when he had come into the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind can be cast out in no way except by prayer and fasting." And leaving that place, they were passing through Galilee, and he did not wish anyone to know it. For he was teaching his disciples, and saying to them, "The Son of Man is to be betrayed into the hands of men, and they will kill him; and having been killed, he will rise again on the third day."

Hirmos: In you O Full of grace... Lenten Supplement p. 17
THE FAST OF GREAT LENT
in the Byzantine Tradition

† On weekdays of Great Lent, Monday through Friday, there are restrictions on both the number of meals taken daily and on the types of food permitted; but when a meal is permitted, there is no limitation to the quantity of food that may be eaten.
† On weekdays, fast is broken [the first meal of the day is taken] at/after the noon hour.
† Throughout Great Lent, the fast excludes the eating of meat and meat products, cheese, milk, butter, fish, olive oil, wine and alcoholic beverages.
† On the Feast of Palm Sunday the eating of fish is permitted.
† Olive oil, as well as wine, is permitted on various feastdays (consult the calendar), as well as on Saturdays and Sundays.
† While the above rules of fasting are to be encouraged, in all things the Christian is called to exercise moderation and charity. The elderly and those in poor health, especially, are urged to be prudent. If in doubt, speak with your spiritual father or confessor.
Prayer Intentions


Clergy:
Rev. Christopher Manuele, Presbyter

Divine Services:
Wednesday:
Compline .................. 0:00 P.M
Saturday:
Great Vespers: ............ 3:15 P.M
Sunday:
Divine Liturgy: ........... 10:00 A.M.

Holy Days:
Eve: Great Vespers: .... 7:00 P.M.
Day: Divine Liturgy ... 5:30 P.M

Holy Mystery of Confession:
Before Vespers at 3:00 P.M.; following any service; or by appointment.

Holy Anointing of the Sick:
Following services /call the Rectory.

Holy Mystery of Crowning:
Call rectory at earliest convenience.

Parish Advisory Council:
Meetings as scheduled.